



HIDDEN TRUTH SHOW WITH JIM BRESLO
AA KILLS

AVAILABLE ON ALL PODCAST APPS



1
00:00:05,500 --> 00:00:10,370

[Music]

2
00:00:18,269 --> 00:00:14,640
one of my beefs with 12-step is

3
00:00:20,970 --> 00:00:18,279
the inadequacy of the people you know

4
00:00:22,320 --> 00:00:20,980
leading other people it's one thing to

5
00:00:23,400 --> 00:00:22,330
you know I if you have a drinking

6
00:00:25,530 --> 00:00:23,410
problem I can tell you should probably

7
00:00:27,930 --> 00:00:25,540
quit drinking if you've got some

8
00:00:30,450 --> 00:00:27,940
psychological issues or trauma that

9
00:00:32,640 --> 00:00:30,460
you're not dealing with I am woefully

10
00:00:35,760 --> 00:00:32,650
unqualified to be treating that as our

11
00:00:37,890 --> 00:00:35,770
most yet that's you just hey sit down

12
00:00:40,200 --> 00:00:37,900
shut up and go to meetings do your steps

13
00:00:41,790 --> 00:00:40,210

everything's gonna be okay you know and

14

00:00:43,470 --> 00:00:41,800

it's like well then let me ask you as

15

00:00:44,820 --> 00:00:43,480

you sit here today and we're gonna get

16

00:00:47,149 --> 00:00:44,830

into all this eventually I want to stay

17

00:00:50,009 --> 00:00:47,159

on your story but as you sit here today

18

00:00:53,969 --> 00:00:50,019

what percentage of alcoholics do you

19

00:00:58,740 --> 00:00:53,979

think had trauma that they were

20

00:01:00,600 --> 00:00:58,750

addressing through drinking there are so

21

00:01:02,850 --> 00:01:00,610

few what I call garden-variety

22

00:01:04,410 --> 00:01:02,860

alcoholics who just started drinking and

23

00:01:05,670 --> 00:01:04,420

they like drinking late started drinking

24

00:01:08,100 --> 00:01:05,680

too much and there really isn't anything

25

00:01:10,410 --> 00:01:08,110

going on other than that what was

26
00:01:11,850 --> 00:01:10,420
created as they went along you know I

27
00:01:14,670 --> 00:01:11,860
mean like if they've had a DUI or lost

28
00:01:16,200 --> 00:01:14,680
their job as a result of drinking they

29
00:01:18,779 --> 00:01:16,210
kind of create their own trauma and that

30
00:01:22,050 --> 00:01:18,789
in and of itself is an issue too but

31
00:01:23,639 --> 00:01:22,060
most are there some sort of baggage and

32
00:01:26,160 --> 00:01:23,649
it's not doesn't have to be as serious

33
00:01:27,539 --> 00:01:26,170
as childhood sexual abuse or what have

34
00:01:31,050 --> 00:01:27,549
you can be you know the death of a

35
00:01:33,120 --> 00:01:31,060
mother or father or you know there's

36
00:01:35,969 --> 00:01:33,130
many issues usually probably something

37
00:01:38,219 --> 00:01:35,979
at a young age in in many case the real

38
00:01:39,899 --> 00:01:38,229

severe cases yeah that's what you'll

39

00:01:42,179 --> 00:01:39,909

find is there's something driving that

40

00:01:44,520 --> 00:01:42,189

the real you know the ones that you know

41

00:01:46,080 --> 00:01:44,530

chronic relapsing for 10 or 15 years and

42

00:01:47,760 --> 00:01:46,090

died of an overdose they just can't get

43

00:01:49,560 --> 00:01:47,770

it yeah there's nothing if you review

44

00:01:53,359 --> 00:01:49,570

the 12 steps there's nothing in the 12

45

00:01:57,090 --> 00:01:53,369

steps that would be something trying to

46

00:01:58,620 --> 00:01:57,100

discover prior traumas it's not in the

47

00:02:00,989 --> 00:01:58,630

12 steps yeah and I had some pretty

48

00:02:04,980 --> 00:02:00,999

Stern sponsors early on and that really

49

00:02:06,300 --> 00:02:04,990

annoyed me or it annoys me more now than

50

00:02:08,100 --> 00:02:06,310

it did then I just didn't know any

51
00:02:09,150 --> 00:02:08,110
different then you know you're dying on

52
00:02:13,170 --> 00:02:09,160
the inside so you're figuring all this

53
00:02:15,180 --> 00:02:13,180
has got to be what it is and like to do

54
00:02:16,620 --> 00:02:15,190
a fourth step and the eighth and ninth

55
00:02:17,940 --> 00:02:16,630
and I've always loved the way-ay-ay owns

56
00:02:19,350 --> 00:02:17,950
that stuff is I'm Catholic we've been

57
00:02:20,640 --> 00:02:19,360
doing confessions from the time I was

58
00:02:21,030 --> 00:02:20,650
eight years old on or whatever it is

59
00:02:23,220 --> 00:02:21,040
when you

60
00:02:24,720 --> 00:02:23,230
you know go through that I think Jews

61
00:02:30,959 --> 00:02:24,730
call it a tone man I mean it's not like

62
00:02:32,610 --> 00:02:30,969
it's anything special but for me to make

63
00:02:33,509 --> 00:02:32,620

I get cleaning up my side of the street

64

00:02:34,080 --> 00:02:33,519

I say I don't think there's anything

65

00:02:35,369 --> 00:02:34,090

wrong with that

66

00:02:36,599 --> 00:02:35,379

you know those if you want to calm

67

00:02:38,729 --> 00:02:36,609

Christian values or whatever they are

68

00:02:40,679 --> 00:02:38,739

there's nothing wrong with being a good

69

00:02:41,660 --> 00:02:40,689

person and cleaning up your side of the

70

00:02:44,399 --> 00:02:41,670

street and if I were you an apology

71

00:02:46,170 --> 00:02:44,409

apologize if all your money make make

72

00:02:48,720 --> 00:02:46,180

the amend there's nothing wrong with

73

00:02:50,520 --> 00:02:48,730

that but when you're getting ready to

74

00:02:52,229 --> 00:02:50,530

hang yourself because there's this huge

75

00:02:53,069 --> 00:02:52,239

conflict between well now I'm three

76

00:02:54,750 --> 00:02:53,079

years sober

77

00:02:55,890 --> 00:02:54,760

this shouldn't feel this way right

78

00:02:57,000 --> 00:02:55,900

because I've been sober for three years

79

00:02:59,159 --> 00:02:57,010

I'm doing all these things that they

80

00:02:59,819 --> 00:02:59,169

told me to do yet this is what I feel on

81

00:03:01,890 --> 00:02:59,829

the inside

82

00:03:04,020 --> 00:03:01,900

then nobody is getting to that issue of

83

00:03:05,640 --> 00:03:04,030

you know that that trauma for Allah or

84

00:03:07,199 --> 00:03:05,650

keeping it simple yeah one way I'd like

85

00:03:08,490 --> 00:03:07,209

to describe it it seems to me is the

86

00:03:10,559 --> 00:03:08,500

people are all just kind of white

87

00:03:11,789 --> 00:03:10,569

knuckling it together we're gonna hang

88

00:03:13,080 --> 00:03:11,799

in there together and we're gonna

89

00:03:14,849 --> 00:03:13,090

support each other because I know you

90

00:03:16,860 --> 00:03:14,859

feel like drinking and I feel like

91

00:03:18,210 --> 00:03:16,870

drinking too let's talk about it let's

92

00:03:20,190 --> 00:03:18,220

get it on the table and we're gonna

93

00:03:22,199 --> 00:03:20,200

we're gonna white-knuckle it together as

94

00:03:25,439 --> 00:03:22,209

opposed to doing something that's

95

00:03:27,689 --> 00:03:25,449

addressing the true underlying problem

96

00:03:29,520 --> 00:03:27,699

isn't that what you're pointing out dr.

97

00:03:30,960 --> 00:03:29,530

Lance DotA's talked about that in the

98

00:03:33,509 --> 00:03:30,970

film I don't know if it made it to that

99

00:03:35,969 --> 00:03:33,519

to the film itself I don't think it is

100

00:03:37,710 --> 00:03:35,979

but he talked about he does touch on it

101
00:03:39,240 --> 00:03:37,720
a little bit but he talked about if you

102
00:03:41,699 --> 00:03:39,250
put a built a wall around New York City

103
00:03:43,319 --> 00:03:41,709
and provided nobody made alcohol and

104
00:03:45,300 --> 00:03:43,329
there was no alcohol in New York City

105
00:03:47,369 --> 00:03:45,310
you wouldn't have any alcoholism right

106
00:03:49,379 --> 00:03:47,379
there's no alcohol there he says but

107
00:03:51,629 --> 00:03:49,389
you'd have a spike in you know online

108
00:03:53,909 --> 00:03:51,639
porn or gambling addiction or shopping

109
00:03:55,800 --> 00:03:53,919
you know if you're not treating it it

110
00:03:57,659 --> 00:03:55,810
just moves to something else and that's

111
00:04:00,000 --> 00:03:57,669
really common right so people come in

112
00:04:01,500 --> 00:04:00,010
and stop drinking right and then it pops

113
00:04:03,240 --> 00:04:01,510

up somewhere else because now we're in

114

00:04:05,189 --> 00:04:03,250

this abstinence based program that's not

115

00:04:07,920 --> 00:04:05,199

dealing with the real trauma and if I

116

00:04:09,360 --> 00:04:07,930

try to talk about it if I you know like

117

00:04:11,009 --> 00:04:09,370

a lot of times saying you have an issue

118

00:04:12,479 --> 00:04:11,019

with something at an AAA meeting

119

00:04:14,280 --> 00:04:12,489

what happens next it's like trying to

120

00:04:15,629 --> 00:04:14,290

take a sip of water from a firehose it's

121

00:04:17,339 --> 00:04:15,639

just like you know it's just it's

122

00:04:19,710 --> 00:04:17,349

overwhelming and none of its relevant so

123

00:04:21,569 --> 00:04:19,720

yeah well one of the points I like to

124

00:04:23,460 --> 00:04:21,579

make when you say that if alcohol wasn't

125

00:04:24,870 --> 00:04:23,470

there it'd be something else is one of

126

00:04:27,480 --> 00:04:24,880

the organs I use frankly for the

127

00:04:31,290 --> 00:04:27,490

legalization of drugs because I believe

128

00:04:33,540 --> 00:04:31,300

that people are already addicted to

129

00:04:34,260 --> 00:04:33,550

something the people with these addicts

130

00:04:36,600 --> 00:04:34,270

who

131

00:04:38,250 --> 00:04:36,610

are dealing with traumas there's plenty

132

00:04:40,620 --> 00:04:38,260

of things out there right now to get

133

00:04:43,620 --> 00:04:40,630

addicted to that are not good for you so

134

00:04:45,030 --> 00:04:43,630

so legalizing drugs I don't think is

135

00:04:46,650 --> 00:04:45,040

necessarily going to increase addiction

136

00:04:48,510 --> 00:04:46,660

they're already addicted to something

137

00:04:52,950 --> 00:04:48,520

that's very unhealthy I agree with you

138

00:04:54,930 --> 00:04:52,960

100% I really I get upset with the

139

00:04:56,940 --> 00:04:54,940

people that just want to keep marijuana

140

00:04:58,920 --> 00:04:56,950

cause it's gonna you know we we need to

141

00:05:01,740 --> 00:04:58,930

like fighting you know the war on drugs

142

00:05:04,320 --> 00:05:01,750

and fighting marijuana like my son told

143

00:05:06,570 --> 00:05:04,330

his mother he says if heroin was legal

144

00:05:08,490 --> 00:05:06,580

tomorrow would you start using heroin oh

145

00:05:11,250 --> 00:05:08,500

of course not well that's kind of the

146

00:05:13,410 --> 00:05:11,260

whole idea here as we spend so much so

147

00:05:14,970 --> 00:05:13,420

many resources you know just think the

148

00:05:16,890 --> 00:05:14,980

court costs incarceration

149

00:05:20,820 --> 00:05:16,900

you know from marijuana and things like

150

00:05:22,410 --> 00:05:20,830

that and even if you take heroin so they

151

00:05:24,210 --> 00:05:22,420

talked about fentanyl right

152

00:05:26,610 --> 00:05:24,220

you know this fentanyl is a problem well

153

00:05:28,680 --> 00:05:26,620

yeah the fentanyl is a problem why are

154

00:05:30,810 --> 00:05:28,690

the addicts going to the street with

155

00:05:32,250 --> 00:05:30,820

fire in their brains like Kennedy said

156

00:05:33,690 --> 00:05:32,260

you know looking for something and they

157

00:05:35,820 --> 00:05:33,700

get fentanyl and they die and we blame

158

00:05:37,980 --> 00:05:35,830

the fentanyl yeah I guess you could but

159

00:05:39,180 --> 00:05:37,990

if your treatment was so damn hot they

160

00:05:43,860 --> 00:05:39,190

wouldn't be screaming and going to get

161

00:05:46,020 --> 00:05:43,870

fentanyl so it's if we don't change and

162

00:05:49,770 --> 00:05:46,030

and and just to be clear applying a

163

00:05:51,390 --> 00:05:49,780

12-step treatment to a crystal meth

164

00:05:52,110 --> 00:05:51,400

addict or a methamphetamine addict or

165

00:05:54,180 --> 00:05:52,120

heroin addict

166

00:05:56,190 --> 00:05:54,190

if you prescribe if your only

167

00:05:58,230 --> 00:05:56,200

prescription as the professional is

168

00:06:00,120 --> 00:05:58,240

12-step you should lose whatever license

169

00:06:01,980 --> 00:06:00,130

you had to practice it's it's just that

170

00:06:04,590 --> 00:06:01,990

simple its its negligence that I think

171

00:06:06,750 --> 00:06:04,600

at the highest level yeah well one of

172

00:06:08,460 --> 00:06:06,760

the things that can be said for twelve

173

00:06:11,370 --> 00:06:08,470

strapped and I think that dr. drew makes

174

00:06:13,260 --> 00:06:11,380

this argument is that well at least it's

175

00:06:14,550 --> 00:06:13,270

free you know you can go to these

176

00:06:18,810 --> 00:06:14,560

meetings for free

177

00:06:20,490 --> 00:06:18,820

so how would America for instance do if

178

00:06:23,700 --> 00:06:20,500

really the issue is getting to childhood

179

00:06:26,640 --> 00:06:23,710

traumas or traumas in general which

180

00:06:29,690 --> 00:06:26,650

requires one-on-one psychological

181

00:06:32,420 --> 00:06:29,700

counseling can we afford it who's gonna

182

00:06:34,800 --> 00:06:32,430

pay for that that's what's really needed

183

00:06:38,700 --> 00:06:34,810

yeah but it's not happening in a a so a

184

00:06:40,980 --> 00:06:38,710

a just becomes a I'll give it its due

185

00:06:43,860 --> 00:06:40,990

like I've learned to say after we've

186

00:06:45,090 --> 00:06:43,870

screened the film in in groups where the

187

00:06:46,890 --> 00:06:45,100

you know the guns are loaded and they're

188

00:06:48,060 --> 00:06:46,900

ready to shoot at me after the film and

189

00:06:49,530 --> 00:06:48,070

we do the panels

190

00:06:52,050 --> 00:06:49,540

I'll always start by saying hey look I

191

00:06:54,150 --> 00:06:52,060

think a a is an all have been absolutely

192

00:06:55,680 --> 00:06:54,160

perfect for what it was designed for two

193

00:06:57,780 --> 00:06:55,690

guys were supporting each other through

194

00:06:59,970 --> 00:06:57,790

a common goal they wanted to quit

195

00:07:01,410 --> 00:06:59,980

drinking to that end it's been

196

00:07:03,810 --> 00:07:01,420

successful it's fellowship it's

197

00:07:06,990 --> 00:07:03,820

camaraderie it's you know we can do this

198

00:07:09,960 --> 00:07:07,000

together I think that's great it is they

199

00:07:11,880 --> 00:07:09,970

didn't they didn't quit drinking cuz

200

00:07:13,800 --> 00:07:11,890

they're because of a a because there was

201
00:07:15,180 --> 00:07:13,810
no a a so it's kind of a weird thing to

202
00:07:18,840 --> 00:07:15,190
say now that this is the intervention

203
00:07:20,130 --> 00:07:18,850
method is a a my director when he was

204
00:07:21,630 --> 00:07:20,140
making the film when he would question

205
00:07:23,190 --> 00:07:21,640
people he's a very he's a great

206
00:07:24,840 --> 00:07:23,200
storyteller he's very intelligent

207
00:07:27,390 --> 00:07:24,850
I remember he looked at me one day

208
00:07:28,050 --> 00:07:27,400
perplexed he says well near as I can

209
00:07:31,830 --> 00:07:28,060
tell

210
00:07:34,860 --> 00:07:31,840
if you quit drinking AAA works and that

211
00:07:36,450 --> 00:07:34,870
to me was the that that is the true that

212
00:07:38,040 --> 00:07:36,460
that's the same and I Meghan I maybe I

213
00:07:39,480 --> 00:07:38,050

made it in one of the episodes but you

214

00:07:41,790 --> 00:07:39,490

know their big thing is if you'll work

215

00:07:44,190 --> 00:07:41,800

the steps it works for people that work

216

00:07:46,980 --> 00:07:44,200

the steps it works it's like okay but

217

00:07:49,110 --> 00:07:46,990

what percentage work the steps it's a

218

00:07:50,700 --> 00:07:49,120

failure if ninety-five percent of the

219

00:07:52,740 --> 00:07:50,710

people don't work yourself that your

220

00:07:54,840 --> 00:07:52,750

steps don't work for them but yeah it's

221

00:07:59,700 --> 00:07:54,850

the essence is it's the same as saying

222

00:08:02,640 --> 00:07:59,710

if if you stop drinking it works they

223

00:08:07,070 --> 00:08:02,650

like to use diabetes as an analogy

224

00:08:11,880 --> 00:08:07,080

sometimes right and I like to use it too

225

00:08:13,620 --> 00:08:11,890

if like they you know type-2 diabetes I

226

00:08:15,840 --> 00:08:13,630

Josie talked about this right well you

227

00:08:18,540 --> 00:08:15,850

know if you diet and exercise and so on

228

00:08:20,220 --> 00:08:18,550

you can manage your type to die diabetes

229

00:08:24,810 --> 00:08:20,230

behaviorally right through diet and

230

00:08:26,640 --> 00:08:24,820

exercise I remember I asked dr.

231

00:08:27,720 --> 00:08:26,650

Finkelstein I he would talk about that

232

00:08:30,270 --> 00:08:27,730

and he would say if they could get their

233

00:08:32,040 --> 00:08:30,280

a1c under seven I'll I'll give them

234

00:08:34,890 --> 00:08:32,050

their medicine but if they can get their

235

00:08:36,270 --> 00:08:34,900

a a 1c under seven I'll work with them

236

00:08:38,670 --> 00:08:36,280

to maybe get them off their medication

237

00:08:40,770 --> 00:08:38,680

they can do it behaviorally I says

238

00:08:42,690 --> 00:08:40,780

that's fantastic right that's kind of

239

00:08:44,640 --> 00:08:42,700

like an a a program for somebody it's

240

00:08:46,590 --> 00:08:44,650

got alcoholism II will try to do it this

241

00:08:50,490 --> 00:08:46,600

way I says what happens when you apply

242

00:08:54,030 --> 00:08:50,500

that same like if you apply behavioral

243

00:08:55,920 --> 00:08:54,040

therapy to a type 1 diabetic you don't

244

00:08:57,600 --> 00:08:55,930

give him his insulin you tell him to you

245

00:08:59,720 --> 00:08:57,610

know go with diet and exercise

246

00:09:01,960 --> 00:08:59,730

well he'll die okay that's the issue

247

00:09:04,090 --> 00:09:01,970

we've taken a 12 day

248

00:09:07,869 --> 00:09:04,100

program and if you want to look at

249

00:09:12,009 --> 00:09:07,879

comparing alcoholism to opiate addiction

250

00:09:13,929 --> 00:09:12,019

or methamphetamine addiction I can't do

251

00:09:15,910 --> 00:09:13,939

a better analogy than you know

252

00:09:20,050 --> 00:09:15,920

alcoholism is the sprained ankle or the

253

00:09:21,910 --> 00:09:20,060

broken ankle and opiate addiction and

254

00:09:23,350 --> 00:09:21,920

methamphetamine is a cut jugular vein

255

00:09:24,970 --> 00:09:23,360

and you better treat those things

256

00:09:26,710 --> 00:09:24,980

differently or you're gonna wind up with

257

00:09:28,929 --> 00:09:26,720

the death rate that you currently have

258

00:09:32,009 --> 00:09:28,939

you know alcoholism is a much longer

259

00:09:35,710 --> 00:09:32,019

track right before it you know becomes

260

00:09:38,079 --> 00:09:35,720

yeah you go you can die in a drunk drunk

261

00:09:40,449 --> 00:09:38,089

driving or what not but opiate addiction

262

00:09:42,400 --> 00:09:40,459

and methamphetamine can take you much

263

00:09:45,009 --> 00:09:42,410

much quicker it's much more devastating

264

00:09:48,129 --> 00:09:45,019

so to treat those things when you walk

265

00:09:50,499 --> 00:09:48,139

into a treatment center and I love this

266

00:09:53,340 --> 00:09:50,509

one you get individualized treatment

267

00:09:56,290 --> 00:09:53,350

okay we have the same sleeping quarters

268

00:09:57,699 --> 00:09:56,300

we go to the same kitchen to eat we go

269

00:09:59,710 --> 00:09:57,709

to the same group lectures and we each

270

00:10:02,740 --> 00:09:59,720

get you know what two or three sessions

271

00:10:06,519 --> 00:10:02,750

of one-on-one a week how is that

272

00:10:08,290 --> 00:10:06,529

individual it's not it's just it's the

273

00:10:10,960 --> 00:10:08,300

words out there when we looked at it the

274

00:10:13,769 --> 00:10:10,970

you know the vernacular and they all do

275

00:10:16,090 --> 00:10:13,779

everything PSD eating disorders bipolar

276

00:10:18,040 --> 00:10:16,100

co-occurring disorders just look at any

277

00:10:20,049 --> 00:10:18,050

website that treats addiction they've

278

00:10:21,639 --> 00:10:20,059

got the magic wand there and the truth

279

00:10:24,699 --> 00:10:21,649

of the matter is they they do none of

280

00:10:26,470 --> 00:10:24,709

that with any success whatsoever but the

281

00:10:29,920 --> 00:10:26,480

people you say in a typical treatment

282

00:10:32,499 --> 00:10:29,930

center is treating all addictions if you

283

00:10:34,809 --> 00:10:32,509

look at most treatment centers and you

284

00:10:36,730 --> 00:10:34,819

like what they treat their hidden

285

00:10:38,740 --> 00:10:36,740

everything every drug I mean they're

286

00:10:41,590 --> 00:10:38,750

hitting you know methamphetamine opiates

287

00:10:44,049 --> 00:10:41,600

alcohol suboxone whatever are they

288

00:10:47,559 --> 00:10:44,059

giving you the one on one psychological

289

00:10:49,360 --> 00:10:47,569

counseling we found that with Betty Ford

290

00:10:51,280 --> 00:10:49,370

at that time when we were in looking at

291

00:10:53,379 --> 00:10:51,290

them and their and you know we we you

292

00:10:56,619 --> 00:10:53,389

know we showed them in the film hey

293

00:10:59,199 --> 00:10:56,629

thieves we're exposed but most places

294

00:11:02,499 --> 00:10:59,209

like that well you'll get one two three

295

00:11:04,900 --> 00:11:02,509

sessions one-on-one a week when we asked

296

00:11:08,019 --> 00:11:04,910

the public when we asked people where

297

00:11:10,030 --> 00:11:08,029

does the value lie in treatment like

298

00:11:11,499 --> 00:11:10,040

what what's you know like a bed is a bed

299

00:11:13,840 --> 00:11:11,509

right so it doesn't matter if your bed

300

00:11:16,060 --> 00:11:13,850

at home or your bed and treatment food

301

00:11:17,800 --> 00:11:16,070

is food right so you're eating

302

00:11:20,860 --> 00:11:17,810

those things don't have an impact on

303

00:11:24,060 --> 00:11:20,870

outcome you know group lectures I mean

304

00:11:25,930 --> 00:11:24,070

dr. Bill Miller made it very clear

305

00:11:28,420 --> 00:11:25,940

educational workshops people

306

00:11:30,160 --> 00:11:28,430

communicating information has no impact

307

00:11:32,350 --> 00:11:30,170

on outcomes and it's been proven time

308

00:11:33,850 --> 00:11:32,360

and time and time again yet what do you

309

00:11:36,370 --> 00:11:33,860

get when you get there because it's the

310

00:11:38,019 --> 00:11:36,380

biggest bang they get the most money you

311

00:11:39,400 --> 00:11:38,029

know they they can put you in a group of

312

00:11:41,290 --> 00:11:39,410

30 people and have somebody talking to

313

00:11:42,879 --> 00:11:41,300

you they're making money they got to

314

00:11:47,259 --> 00:11:42,889

give you one-on-one that gets a little

315

00:11:48,579 --> 00:11:47,269

costly which made us we working my

316

00:11:49,870 --> 00:11:48,589

directors confused he says I don't get

317

00:11:51,579 --> 00:11:49,880

it Betty Forex charge in a thousand

318

00:11:54,189 --> 00:11:51,589

dollars a day and they get to lectures

319

00:11:55,840 --> 00:11:54,199

and they go to some groups and they do a

320

00:11:57,730 --> 00:11:55,850

few other things in that city says you

321

00:11:59,050 --> 00:11:57,740

know a is free you can go to any for

322

00:12:00,069 --> 00:11:59,060

free but yet to charge in a thousand

323

00:12:04,269 --> 00:12:00,079

dollars are getting a reimbursed a

324

00:12:07,030 --> 00:12:04,279

thousand dollars a day for that so we

325

00:12:09,519 --> 00:12:07,040

could just so that's 30,000 a month is

326

00:12:11,410 --> 00:12:09,529

typical Betty Ford right at that hour

327

00:12:14,740 --> 00:12:11,420

last time we checked there over thirty

328

00:12:16,809 --> 00:12:14,750

thousand dollars reason it's 53,000 film

329

00:12:18,730 --> 00:12:16,819

because I got into a debate with my

330

00:12:20,860 --> 00:12:18,740

director I says well if you get a shared

331

00:12:22,600 --> 00:12:20,870

room it's it's it was thirty three

332

00:12:24,730 --> 00:12:22,610

thousand dollars when we checked that

333

00:12:27,430 --> 00:12:24,740

data but a private room was fifty three

334

00:12:30,189 --> 00:12:27,440

thousand and we had that verified how do

335

00:12:32,050 --> 00:12:30,199

they possibly justify that well going

336

00:12:34,059 --> 00:12:32,060

back to it Mike what my rap at all it's

337

00:12:36,819 --> 00:12:34,069

like if you're only benefit is

338

00:12:39,250 --> 00:12:36,829

one-on-one and if you talk to scientists

339

00:12:42,879 --> 00:12:39,260

right outside of medically assisted

340

00:12:44,710 --> 00:12:42,889

therapies it's the therapeutic

341

00:12:46,569 --> 00:12:44,720

relationship between the the addict and

342

00:12:47,829 --> 00:12:46,579

the therapist or the counselor right do

343

00:12:51,430 --> 00:12:47,839

I trust you do I believe you you know

344

00:12:53,710 --> 00:12:51,440

you can help me you know so on and it's

345

00:12:56,290 --> 00:12:53,720

and and it's the more you get of that

346

00:12:58,360 --> 00:12:56,300

you know is that's where the value lies

347

00:13:01,000 --> 00:12:58,370

is on one on one but it's what you get

348

00:13:02,650 --> 00:13:01,010

the least of so at fifty three thousand

349

00:13:05,319 --> 00:13:02,660

dollars a day and the reason we laid it

350

00:13:07,720 --> 00:13:05,329

beside the seniors care home is there

351

00:13:10,240 --> 00:13:07,730

certain implied was tell people what

352

00:13:12,040 --> 00:13:10,250

that was a thousand the seniors care

353

00:13:13,720 --> 00:13:12,050

home it was we picked one of the most

354

00:13:15,670 --> 00:13:13,730

opulent seniors care home in Orange

355

00:13:18,519 --> 00:13:15,680

County I was in Laguna Woods or near

356

00:13:20,110 --> 00:13:18,529

Laguna Woods the Regency seniors care

357

00:13:22,389 --> 00:13:20,120

home when you walk in there it's Tamar

358

00:13:24,309 --> 00:13:22,399

before it is stunningly beautiful and

359

00:13:26,170 --> 00:13:24,319

opulent right you get your own

360

00:13:27,850 --> 00:13:26,180

one-bedroom apartment and when we laid

361

00:13:29,430 --> 00:13:27,860

out this is what people call assisted

362

00:13:32,610 --> 00:13:29,440

living yeah like a

363

00:13:34,110 --> 00:13:32,620

seniors retirement community or yeah I

364

00:13:35,940 --> 00:13:34,120

don't even know if they call that its

365

00:13:37,080 --> 00:13:35,950

assisted to to the degree that you get

366

00:13:39,450 --> 00:13:37,090

all these different workshops like

367

00:13:41,790 --> 00:13:39,460

there's a there's a spiritual workshops

368

00:13:43,920 --> 00:13:41,800

there's adapting to a wheelchair and

369

00:13:46,680 --> 00:13:43,930

Walker and there's access to all kinds

370

00:13:49,020 --> 00:13:46,690

of facilities exactly four thousand five

371

00:13:51,330 --> 00:13:49,030

dollars a month and that is a for-profit

372

00:13:53,100 --> 00:13:51,340

company and we got Betty Ford running

373

00:13:58,200 --> 00:13:53,110

fifty three thousand dollars a day

374

00:14:00,660 --> 00:13:58,210

running groups and workshops and we just

375

00:14:02,850 --> 00:14:00,670

nobody if you take and they're they're a

376

00:14:04,740 --> 00:14:02,860

nonprofit company you take the four

377

00:14:07,200 --> 00:14:04,750

thousand dollars out like if you matched

378

00:14:09,090 --> 00:14:07,210

it with the seniors care home what's the

379

00:14:12,060 --> 00:14:09,100

other forty nine thousand dollars for

380

00:14:14,550 --> 00:14:12,070

and is is any insurance pain for that

381

00:14:18,120 --> 00:14:14,560

yeah lots of lots of insurance pays for

382

00:14:21,980 --> 00:14:18,130

that yeah so if I have my standard Obama

383

00:14:24,600 --> 00:14:21,990

care insurance does it pay for that

384

00:14:25,740 --> 00:14:24,610

there's limitations and I think one of

385

00:14:27,180 --> 00:14:25,750

the other guests brought this up there's

386

00:14:28,740 --> 00:14:27,190

limitations on what insurance will cover

387

00:14:32,310 --> 00:14:28,750

it's really related to what type of

388

00:14:33,690 --> 00:14:32,320

policy you have Obama yeah that's what

389

00:14:37,230 --> 00:14:33,700

we found out since the film is the

390

00:14:39,140 --> 00:14:37,240

insurance fraud so your Obama care will

391

00:14:44,480 --> 00:14:39,150

cover addiction treatment to some degree

392

00:14:47,100 --> 00:14:44,490

so to what degree again it depends on I

393

00:14:48,600 --> 00:14:47,110

can't give you that exact at that exact

394

00:14:50,940 --> 00:14:48,610

number but there's access what they do

395

00:14:52,890 --> 00:14:50,950

is they'll verify what wet what benefits

396

00:14:56,280 --> 00:14:52,900

this is what our investigators found out